

**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*  
Jay W. DeBoer, J.D., Commissioner

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**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*  
Jay W. DeBoer, J.D., Commissioner

October 19, 2004

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim M. Catherman  
Deputy Commissioner, Support Services

**SUBJECT:** Additional 2004 State Holiday Office Closings

Governor Warner's has announced additional 2004 State Holiday Office Closings. The following is the State holiday leave schedule:

- Wednesday, November 24, State offices will close at 1:00 p.m. – 4 *additional hours*
- Thanksgiving Day and the day following (November 27 and 28)
- Thursday, December 23, State offices will close at 1:00 p.m. – 4 *additional hours*
- Friday, December 24 (Christmas Eve)
- Friday, December 31 (New Years Eve)

The Commissioner and the staff at VDA wish you and your staff a happy holiday season.

If you have any questions, please call me at (804) 662-9309.

**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*  
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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Faye D. Cates, MSSW, Human Services Program Coordinator

**DATE:** October 19, 2004

**SUBJECT: TRANSPORTATION-DISADVANTAGED SENIORS**

Although 15 federal programs address the mobility needs of the “transportation-disadvantaged seniors,” these program fail to meet certain needs, according to a new Government Accountability Report (GAO-04-971). The reports concludes:

- The programs do not provide transportation to multiple destinations.
- They do not provide adequate services in rural and suburban areas.
- Federal programs are “fragmented and poorly coordinated.”
- There is a need for a better coordinated, more responsive, and more effective system to meet the mobility needs of American seniors.

GAO finds fault with the Administration on Aging (AoA) for failing to meet a statutory requirement to provide guidance to states on how to best address senior transportation needs. AOA officials responded by indicating they plan an evaluation of how the Grants for Supportive Services and Senior Centers program is meeting a variety of senior needs, including transportation, and on how states and localities perform needs assessments. To see the study, go to the following GAO link:

<http://www.gao.gov/highlights/d04971high.pdf>

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**MEMORANDUM**

**TO:** Executive Directors  
 Area Agencies on Aging

**FROM:** Faye D. Cates, MSSW, Human Services Program Coordinator

**DATE:** October 19, 2004

**SUBJECT: STEERING CLEAR OF TRANSPORTATION RISKS**

The linkage below is for the **Nonprofit Risk Management Center** (NRMC) and provides some information about how nonprofits can be held *vicariously liable* for any damage or injury caused by its drivers – whether the driver is a paid staff member or volunteer. It also provides some tips for screening drivers, of which several are already covered in the VDA transportation service standard. Also provided are linkages to state groups that can provide useful resources.

[www.eriskcenter.org/knowledge/normac/steering.html](http://www.eriskcenter.org/knowledge/normac/steering.html)

**Virginia State Groups**

Use this list of links to locate useful resources and services provided by state groups and associations. Links provided here include:

Chapters of the Public Risk Management Association (PRIMA)	Associations of School Boards
Associations of Counties	Associations of Nonprofits
Leagues of Cities	Chambers of Commerce

State Groups in Virginia are:

Virginia Chapter of PRIMA	<a href="http://www.primacentral.org/chapters/va/index.php?chpt=1">www.primacentral.org/chapters/va/index.php?chpt=1</a>
Virginia Association of Counties	<a href="http://www.vaco.org">www.vaco.org</a>
Virginia Municipal League	<a href="http://www.vml.org">www.vml.org</a>
Virginia Local Government Mgmt. Assn.	<a href="http://www.coopercenter.org/vlgma/index.php">www.coopercenter.org/vlgma/index.php</a>
Virginia School Boards Association	<a href="http://www.vsba.org">www.vsba.org</a>
Virginia Chamber of Commerce	<a href="http://www.vachamber.com">www.vachamber.com</a>
Virginia SBDC	<a href="http://www.ia-usa.org/k0245.htm">www.ia-usa.org/k0245.htm</a>

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**MEMORANDUM**

**TO:** Executive Directors  
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**FROM:** Faye D. Cates, MSSW, Human Services Program Coordinator

**DATE:** October 19, 2004

**SUBJECT: METLIFE STUDY OF NURSING HOME & HOME CARE COSTS**

The MetLife Mature Market Institute's annual survey of nursing home and home care costs is now available on-line. The study indicates that the average daily rate for a private room in a nursing home for skilled care is \$192 in 2004 or \$70,080 annually, while a semiprivate room is \$169 or \$61,685 annually. The report found that the cost of a home health care aide averaged \$18 per hour nationally. According to the 2003 MetLife Market Survey the average daily rate for a private room in a nursing home was \$181 per day or \$66,065 annually. The hourly rate in 2003 for a home health aide was \$18.

The highest rates were reported in the state of Alaska where cost is \$204,765 per year or \$561 per day on average. The lowest rates were found in Shreveport, Louisiana at \$36,135 per year or \$99 per day. Home health care is most expensive in Hartford, Connecticut at \$28 per hour and least expensive in Shreveport and Jackson, Mississippi where rates are \$13 per hour on average.

Approximately 1.6 million people reside in 18,000 nursing home in the United States with just 10% of the residents people aged less than 65 years old and 46.5% aged 85 and over. Most residents (72%) are women and three-quarters require assistance with three or more activities of daily living.

The study is entitled *Nursing Home Costs Average \$70,080 Per Year In U.S., Home Care Is \$18 Per Hour: 2004 MetLife Mature Market Institute Surveys Reports*. It can be found at [www.metlife.com](http://www.metlife.com). Do a search on "2004 Nursing Home Costs," then click on General News: 2004 and 2003 Press Releases. See the report dated September 27, 2004.

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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Raymond L. Williams, Jr.  
External Financial Auditor

**DATE:** October 19, 2004

**SUBJECT: 2004 Program & Financial Compliance Review Monitoring Schedule**

Attached is the monitoring schedule for the current year. The areas to be reviewed during this process are still being finalized by the program staff. We will provide additional information when confirmations are made to schedule the visit. Pat Cummins, Older Worker Program Coordinator, indicated that she may participate in reviews during the latter part of the review schedule, following implementation of her new program requirements.

Hopefully the early distribution of the schedule will assist you with your planning needs. If there are any questions concerning the schedule please contact me at 804 662-9347.

Attachment

**Program & Financial Compliance Review  
Monitoring Schedule FY04  
October 1, 2004 – September 30, 2005**

**10/1/04**

**October 2004**

1. *October 5, 2004*  
**Korean American Center (RW)**

**November 2004**

1. *November 9-10, 2004*  
**PSA 09 Rappahannock-Rapidan Community Services Board (RW, EN)**
2. *November 19, 2004*  
**Norfolk Seniors Center (RW)**

**December 2004**

1. *December 2-3, 2004*  
**PSA 06 Valley Program For Aging Services (RW, EN, CD, FC)**
2. *December 14-15, 2004*  
**PSA 10 Jefferson Area Board for Aging (RW, CD/t)**

**January 2005**

1. *January 12-13, 2005*  
**PSA 19 Crater Area Agency on Agency (RW, CD)**
2. *January 20, 2005*  
**Commonwealth Catholic Charities (RW; EN)**
3. *January 24-26, 2005*  
**PSA 11 Central Virginia Area Agency on Aging (RW, CD/t, FC)**
4. *January 27, 2005*  
**South Central Area Education Center – Altavista (RW, EN)**
5. *January 28, 2005*  
**Adult Care of Central Virginia (RW)**

**February 2005**

1. *February 23-24, 2005*  
**PSA 13 Lake Country Area Agency on Aging (RW, EN, FC)**

**Program & Financial Compliance Review  
Monitoring Schedule FY04**

**October 1, 2004 – September 30, 2005**

**10/1/04**

**March 2005**

1. *March 14-15, 2005*  
**PSA 8C Fairfax Area Agency on Aging (RW, EN)**
2. *March 16, 2005*  
**Personal Support Services (RW)**
3. *March 17- 18, 2005*  
**PSA 8B Arlington Agency on Aging (RW)**
4. *March 29-30, 2005*  
**PSA 8A Alexandria Agency on Aging (RW, CD/t)**
5. *March 31, 2005*  
**The City of Alexandria (Title V) (RW)**

**April 2005**

1. *April 5-7, 2005*  
**PSA 8E Prince William area Agency on Aging (RW, EN, CD)**
2. *April 8, 2005*  
**Alzheimer's Association National Capital Area Chapter Fairfax (RW)**
3. *April 17-19, 2005*  
**PSA 02 Appalachian Agency for Senior Citizens (RW) (FC / Will need to reschedule due to April 20, 2005 I&R/Care Coordinator Training)**
4. *April 20-21, 2005*  
**PSA 01 Mountain Empire Older Citizens Inc. (RW) (FC / Will need to reschedule due to April 20, 2005 I&R/Care Coordinator Training)**
5. *April 22, 2005*  
**Oxbow Corporation (St. Paul) (RW)**
6. *April 27-28, 2005*  
**PSA 16 Rappahannock Area Agency on Aging (RW, EN, FC)**

**May 2005**

1. *May 3-4, 2005*  
**PSA 14 Piedmont Senior Resources Area Aging (RW)**
2. *May 16-17, 2005*  
**Guardian of Life's Dreams (GOLD) Tazewell, Virginia (Guardianship) (RW)**



**Program & Financial Compliance Review  
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**10/1/04**

4. *May 18, 2005*  
**Southwest Virginia Legal Aid Society (RW)**
5. *May 19, 2005*  
**Family Services of Roanoke Valley (RW)**
6. *May 20, 2005*  
**Alleghany Highlands Community Services Clifton Forge (RW, EN)**

## **June 2004**

1. *June 2-3, 2005*  
**PSA 17/18 Bay Aging (RW, EN, FC)**
2. *June 22-23, 2005*  
**PSA 15 Senior Connections / Capital Area Agency On Aging (RW, EN, CD)**
3. *June 27, 2005*  
**Chesapeake Department of Social Services (RW)**
4. *June 28, 2005*  
**Jewish Family Services & Catholic Charities of Hampton Roads (Guardianship)  
Norfolk, Virginia (RW, TR)**
6. *June 29-30, 2005*  
**PSA 21 Peninsula Area Agency on Aging (RW, CD/t)**

## **July 2005**

1. *July 11-13, 2004*  
**PSA 03 District Three Senior Services (RW, EN, FC)**
2. *July 14-15, 2005*  
**PSA 04 New River Valley Area Agency On Aging (RW, EN, CD)**
3. *July 21, 2005*  
**SeniorNavigator.com (RW)**
4. *July 25-27, 2005*  
**PSA 07 Shenandoah Area Agency on Aging (RW, CD)**
5. *July 28, 2005*  
**James Madison University Office of Sponsored Programs (RW)**

**Program & Financial Compliance Review  
Monitoring Schedule FY04  
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**10/1/04**

**August 2005**

1. *August 10, 2005*  
**Bedford Memorial Hospital (RW; EN)**
2. *August 11-12, 2005*  
**PSA 05 LOA-Area Agency on Aging, Inc. (RW)**
3. *August 15-17, 2005*  
**PSA 22 Eastern Shore Area Agency on Aging (RW, CD)**
4. *August 18-19, 2005*  
**PSA 20 Senior Services of Southeastern Virginia (RW, CD/t)**

**September 2005**

1. *September 14-16, 2005*  
**PSA 8D Loudon County Area Agency on Aging (RW, CD)**
2. *September 20, 2005*  
**Greater Richmond Chapter of the Alzheimer's Association (RW)**
3. *September 23, 2005*  
**Virginia Association of Area Agencies on Aging (RW)**
4. *September 26, 2005*  
**South Central Work Force Investment Board (Title V) (RW)**
5. *September 27-28, 2005*  
**PSA 12 Southern Area Agency on Aging (RW; EN, FC)**
6. *September 29, 2005*  
**Adult Care Center of Martinsville & Henry County**
7. *September 30, 2005*  
**Bridges-Senior Solutions, Inc. (RW)**
8.  
**Thomas Jefferson Planning District Commission (RW)**